



Impulse Elite All Star Cheer Program

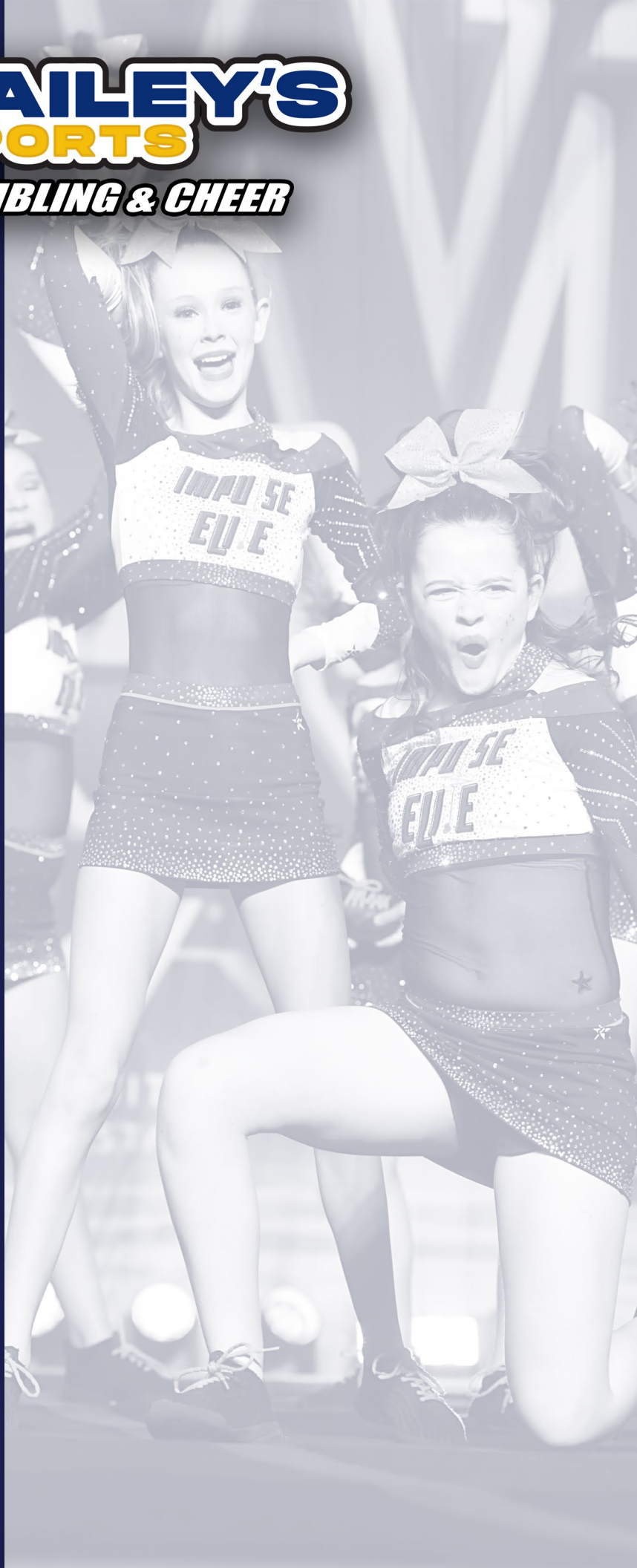
Season 2026-2027
Information Packet

ELITE & PREP TEAMS

Full Season: June—March

NOVICE TEAM

Half Season: September— February



About Our Program

Impulse Elite is the All Star cheer program within the Bailey's Sports family of programs. Everything we do is rooted in our belief that sports are a powerful tool to build strong, confident and resilient young people.

At Bailey's Sports, our why is simple. We are here to build kids up. We believe athletics should develop character just as much as skill. Our goal is not only to create competitive routines, but to help athletes grow in confidence, discipline, leadership and perseverance. We want every athlete who walks into our gym to leave stronger mentally, physically and emotionally.

Impulse Elite is a positive, athlete first environment. We coach with high standards and high encouragement. We believe in accountability without shame, correction without vctearing down and pushing athletes to reach their potential while making sure they feel supported and valued. Success is important to us, but how we achieve that success matters even more.

Our teams are built on commitment, integrity and respect. We teach athletes to put the team before themselves, to handle feedback with maturity and to represent something bigger than their individual role. We emphasize effort, attitude and growth. **Winning is a byproduct of doing the right things consistently.**

As part of Bailey's Sports, Impulse Elite operates within a culture that prioritizes safety, consistency and long term development. We are intentional about creating a structured environment where expectations are clear, communication is strong and families feel informed and supported.

When you join Impulse Elite, you are joining more than a team. You are joining a program that believes in your athlete, challenges them and walks alongside them as they grow into the best version of themselves on and off the floor.

2026–2027 Team Structure Plan

For the 2026 to 2027 season, our intention at Bailey's Sports is to field three larger Impulse Elite All Star teams at the Novice, Prep and Elite levels. Our goal is to build strong, competitive rosters with depth and consistency at each level.

We are aiming for the following age divisions:

Novice Team

Mini Age Division, Birth Years 2017 to 2020

Prep Team

Youth Age Division, Birth Years 2014 to 2019

Elite Team

Junior Flex Age Division, Birth Years 2010 to 2020

It is our goal to stay within these age divisions. However, please do not let this prevent you from registering your athlete for tryouts. If we have a strong group of athletes outside these ranges, we will make adjustments where possible.

This structure allows us to provide a clear developmental pathway, from introductory competitive experience through higher level travel competition.

Novice teams are designed for athletes newer to All Star cheer who are ready to compete in a structured, supportive environment. Prep teams serve as a bridge between Novice and Elite, with increased commitment and skill expectations while continuing to emphasize development.



***Team Minimum Requirement:** A minimum of 10 athletes is required to form a team. Our hope is to have enough athletes to create one Novice, one Prep and one Elite team. If minimum roster requirements are not met, adjustments to the season structure may be necessary.

Final team age divisions and competitive levels will depend on the athletes who attend tryouts. Teams are built based on athlete numbers, skill sets and age eligibility to create the strongest possible structure for competitive success. Our goal is to place each athlete where they will be challenged, supported and positioned to contribute meaningfully to their team.

As always, team decisions are made with an athlete first mindset, prioritizing both individual development and overall team integrity.

Team placement is based on multiple factors, not just tumbling ability. While we aim to group athletes with similar tumbling levels whenever possible, stunting, pyramids, jumps, dance, motions and overall performance quality all play a major role.



Stunting accounts for 50 percent of the scoresheet and carries significant weight in both team placement decisions and the level at which we choose to compete.

Building a team is like putting together a puzzle. Every role matters and every piece must fit. Our goal is to place each athlete where they will be the most confident, successful and impactful for the team as a whole. It is common for athletes on the same team to have varying tumbling levels depending on overall team needs and strengths.

Skills Evaluated at Tryouts

Below are the primary skills we look for during evaluations. These skills help guide placement but are considered alongside attitude, coachability, performance quality and teamwork.

Prep Level 1

Cartwheel back walkover, roundoff, handstand forward roll. Athletes should be able to stay on count through choreography and perform with strong energy and presence.

Level 1 Elite

Stunting for bases includes waist level switch up, show and go, prep to cradle, quarter up to body position, quarter down, extension cradle, lib to stretch tick tock, toss up and pop off, cartwheel to prep, baskets, half up to prep. Flyers should demonstrate the above applicable skills along with stretch body positions, scale and arabesque. Tumbling includes front and back walkover connection skills with straight legs and tight shoulders, roundoff back handspring, standing back handspring, front handspring.

Level 2 and 3 Elite

Stunting for bases includes all Level 1 skills plus clean prep level switch up to stretch, stretch to stretch, half turn to extension, extension body positions, cartwheel to extension, inverted forward rolls, full up and full down, basket body positions. Flyers must demonstrate all body positions. Standing tumbling includes standing back handspring series, back walkover back handspring. Running tumbling includes roundoff back handspring series, front handspring roundoff handspring or tuck, roundoff handspring to tucks, aerials, front punch, standing tuck.

Final placement decisions are made with the full picture in mind to create balanced, competitive and confident teams.



Key Season Dates*

***Please Note:** The 2026 to 2027 All Star season includes required dates listed below. To accept a roster spot, athletes must be fully available and committed to attending all required dates. These events are mandatory and essential to team success. By accepting a position, families acknowledge and agree to this full season commitment.

Tryout Week:

Prep & Elite Teams. No tryout required for Novice team.

Stunting Evaluations	May 26 th & 27 th
Dance Review & Tumbling Prep	May 28 th
Evaluation Time Slots	May 29 th & 30 th
Teams Announced	June 1 st
Team Commitment Day	June 5 th
Practice Begins	June 15 th

**Athletes MUST attend 1 day of Stunting Evaluations*

Practice Schedule:

Prep & Elite Teams Practice Begins	June 15 th	Practice Times TBD
Novice Practice Begins	September 3 rd	Team Meet & Greet before choreography
Choreography	Sept. 18 th - 20 th	Team Timeslots TBD

Tryout & Choreography Attendance Requirements

All hopeful Prep and Elite team athletes are required to attend the designated tryout week dates as outlined above. Attendance during tryouts is essential for proper evaluation, team placement and overall preparation for the upcoming season. **Novice team does not require a tryout.**

In addition, **our September Choreography dates are required for all Novice, Prep and Elite team athletes.** These sessions are a critical part of routine development and season preparation. Attendance is mandatory in order to participate in the competitive season.

Please plan accordingly. These dates are not optional and are a foundational part of our team commitment and preparation process.



Practice Commitment

Commitment to practice is essential at every level of our program. Consistency builds skill, confidence, trust and team chemistry. Each team has specific expectations based on its level of training and competitive focus.

Novice Team

Mini Age Division, Birth Years 2017 to 2020

The Novice team is designed for athletes of any background or experience level. Tryouts are not required for Novice.

Practice Schedule (September – Feb):

- 2 days per week
- 1 hour per practice

Novice routines will include elements of:

- Stunting and pyramid work
- Tumbling and jumps
- Motions and dance

This level focuses on skill development, fundamentals and building confidence in a positive team environment. Attendance and consistency are important to ensure steady progress and safe skill development.



Prep Team

Youth Age Division, Birth Years 2014 to 2019

The Prep program serves as a stepping stone to Elite and functions as a semi competitive team.

Tryouts are mandatory for incoming athletes. A majority of Level 1 tumbling skills are required for placement.

Practice Schedule (June – March):

- 2 days per week
- 2 hours per practice

Prep athletes are expected to demonstrate commitment, coachability and a strong work ethic. This level increases expectations for performance quality, execution and consistency. Regular attendance is critical for routine mastery and team success.

Elite Team

Junior Flex Age Division, Birth Years 2010 to 2020

Elite is our **highest and most dedicated level of competition.** This team requires a significant commitment from both athletes and families.

Higher level tumbling skills are required for participation.

Practice Schedule (June – March):

- 3 days per week
- 1.5 to 2 hours per practice

Dedication and consistency are key to any Elite athlete's journey. Athletes at this level are expected to prioritize attendance, maintain focus and fully commit to the demands of advanced training and competitive performance.

Across all levels, practice attendance directly impacts individual growth and team progress. When one athlete is absent, the entire team is affected. Commitment to practice is a commitment to your teammates and to the shared goals of the season.

2026-2027 Competition Schedule

All athletes are required to participate in every competition. Each athlete has a vital role in the routine, and absences impact the entire team. Our team's choreography requires 100% attendance.

By committing to a team, families acknowledge and accept the travel required for the season and agree to plan accordingly.

2026-2027 Competitions:



In-House Season Kickoff Showcase

Location: In-House
Date: January 15, 2027
Teams: Novice, Prep and Elite



ATC Grand Nationals

Location: Seattle, WA
Date: January 22-28, 2027
Teams: Novice, Prep and Elite



Pac West Nationals

Location: Portland, OR
Date: February 27-28, 2027
Teams: Novice, Prep and Elite



USA All Star Super Nationals

Location: Anaheim, CA
Date: March 12-14, 2027
Teams: Prep and Elite



Champion Season -Regional Summit- West

Location: Phoenix, AZ
Date: April 10-11, 2027
Teams: Prep and Elite

***Note: In order to attend Regional Summit Championships, Prep and Elite teams must score 96 or higher at a regular season event and receive a bid.**

Program Pricing

Tuition:

Tuition covers the cost of your athlete's training and participation in the Impulse Elite program at Bailey's Sports. This includes scheduled team practices, coaching instruction, skill development, routine cleaning, strength and conditioning elements incorporated into practice and the overall operational costs required to run a structured, professional All Star program. Tuition reflects the consistent, high quality coaching and organized environment we provide throughout the season. Tuition is separate from assessments and is required for the full duration of your athlete's season commitment.



Tuition Totals for the Season:

Elite: \$2,781.60

Prep: \$2,257.16

Novice: \$956.20

Assessments:

In addition to tuition, all team families are responsible for annual assessments. Assessments are separate from tuition and are used to cover the direct costs of our travel season. These expenses include competition registration fees, coach travel expenses, event session fees and other related competition costs required for the team to attend and participate in events throughout the season.

Assessments ensure that all team related travel and competition obligations are properly funded and managed in advance. These fees allow Bailey's Sports to plan responsibly, register teams on time and provide a smooth, organized competitive experience for our athletes and families.

Annual Assessment Totals:

Elite: \$1,946.68

Prep: \$1,808.68

Novice: \$852.00

Total Annual Program Cost (Including Tuition & Assessment)

Elite: \$4,728.28

Prep: \$4,065.85

Novice: \$1,808.20

Assessments cover the cost of the travel season including competition fees, coach travel, session fees and related event expenses as well as professional choreography and music.

Monthly Payment Structure

For simplicity and clarity, Bailey's Sports combines seasonal tuition and annual assessments into one consistent monthly payment. Rather than billing these separately, families will see a single flat monthly amount due, as reflected in the schedule below. This allows for predictable budgeting and ensures all training and competition expenses are covered throughout the season.

Elite: \$472.83 per month

Prep: \$406.58 per month

Novice: \$301.37 per month

How Monthly Billing Works:

We total your athlete's tuition and annual assessment amount, divide that total by the number of months in your athlete's program depending on whether they are full season or half season, and that becomes one single monthly payment amount.

- Payments are automatically processed on the 1st of each month.
- All team families are required to keep a valid and up to date payment method on file at all times.
- Lapses in tuition may result in suspension from the program and may incur additional interest fees.

Pay In Full Option

Families may choose to pay their season in full at the beginning of the season and receive a 5% discount.

***Note: To qualify for the discount, payment must be made by cash or check.*

Season Commitment & Withdrawal Policy

At Bailey's Sports, our Impulse Elite routines are intentionally designed around the specific athletes placed on each team. Stunt groups, formations, timing and skill execution are carefully built based on the strengths and positions of every athlete. When a team member leaves mid season, it directly impacts the structure of the routine and the team's ability to continue competing as planned.

By committing to the season, your athlete and family are committing to complete the full competitive season. Consistency and reliability are essential to the success of the team and to the experience of every athlete involved.

To support this commitment:

- **Prep and Elite teams:** A \$500 team commitment fee is collected in June in addition to the first month's tuition.
- **Novice teams:** A \$250 team commitment fee is collected in September in addition to the first month's tuition.

When an athlete fulfills their full season commitment, the commitment fee is applied toward the final two months of practice, reducing those end of season tuition payments.

Barring injury or clearly defined extenuating circumstances approved by program leadership, athletes are expected to honor their full season commitment. If a family chooses to withdraw mid season, the commitment fee will be retained and applied toward the cost of re choreographing routines, restructuring stunt groups and covering additional practices or preparation required to accommodate the roster change.

We appreciate your partnership in protecting the integrity of our teams and the commitment made to every athlete.



Monthly Payment Schedule At-A-Glance

Elite Teams

- **Season:** June through March (10 months)
- **Standard Monthly Payment:** \$472.83
- **Commitment Fee:** \$500 due in June
(credited back in final two months if season is completed)



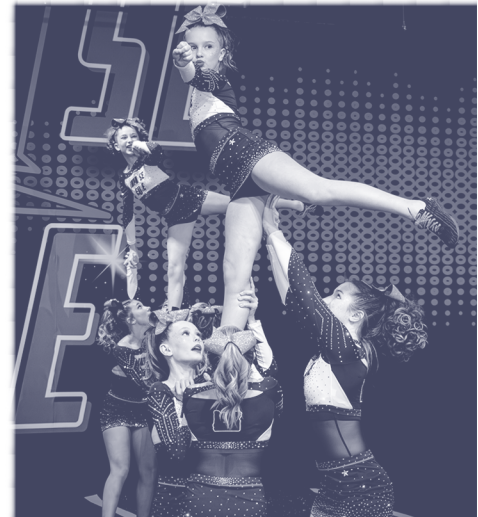
Month	Amount Due	Notes
June	\$972.83	\$500 commitment fee collected
July	\$472.83	
August	\$472.83	
September	\$472.83	
October	\$472.83	
November	\$472.83	
December	\$472.83	
January	\$472.83	
February	\$222.83	\$250 commitment credit applied
March	\$222.83	\$250 commitment credit applied

Total Paid Over Season: \$4,728.28

Monthly Payment Schedule At-A-Glance

Prep Teams

- **Season:** June through March (10 months)
- **Standard Monthly Payment:** \$406.58
- **Commitment Fee:** \$500 due in June
(credited back in final two months if season is completed)



Month	Amount Due	Notes
June	\$906.58	\$500 commitment fee collected
July	\$406.58	
August	\$406.58	
September	\$406.58	
October	\$406.58	
November	\$406.58	
December	\$406.58	
January	\$406.58	
February	\$156.58	\$250 commitment credit applied
March	\$156.58	\$250 commitment credit applied

Total Paid Over Season: \$4,065.85

Monthly Payment Schedule At-A-Glance

Novice Teams

- **Season:** September through February
(6 months)
- **Standard Monthly Payment:** \$301.37
- **Commitment Fee:** \$500 due in June
(credited back in final two months if



Month	Amount Due	Notes
September	\$551.37	\$250 commitment fee collected
October	\$301.37	
November	\$301.37	
December	\$301.37	
January	\$176.37	\$125 commitment credit applied
February	\$176.37	\$125 commitment credit applied

Total Paid Over Season: \$1,808.20



General Financial Policies

All monthly payments are required regardless of attendance.

Failure to remain current on tuition and assessments may result in removal from practices, events and competitions until the account is brought current.

Additional Expenses

Uniforms, shoes, practice wear and USASF membership fees are not included in tuition or assessment totals. These expenses will be on invoices at the time we order gear.



USASF Membership Requirement

All Impulse Elite athletes are required to maintain an active membership with the United States All Star Federation, or USASF. USASF is the national governing body for All Star cheer and establishes the rules, age divisions, safety standards and eligibility requirements for our sport.

It is the responsibility of each parent or guardian to register their athlete directly through the USASF website at www.usasf.net. An active athlete membership must be completed and current before your athlete can be officially registered for competitions.

Failure to complete USASF registration in a timely manner may result in delays or the inability for your athlete to compete. It is essential that families complete this requirement promptly to ensure eligibility for the full competitive season.

Athlete and Team Family Conduct Policy

Our Commitment

Our highest priority is the development of young athletes both in their sport and in their character. We are committed to building confident, resilient athletes in a culture rooted in respect, integrity and encouragement.

Being part of our team program is a privilege. It requires commitment not only to training and performance, but to the values that define our team community.

Expected Standards of Conduct

- All athletes and team families are expected to:
- Communicate respectfully and positively with coaches, athletes and other families
- Encourage teammates and celebrate effort, growth and progress
- Demonstrate sportsmanship at practices, competitions and team events
- Support a healthy, unified team culture
- Address concerns through appropriate channels with professionalism and maturity

We DO NOT Tolerate:

- Bullying in any form
- Gossip or negative talk about athletes, families or coaches
- Disrespectful language or behavior
- Poor attitudes that disrupt team culture
- Public criticism of athletes, coaches or program decisions
- Comparing athletes to one another
- Comparing our program to other gyms in a way that undermines confidence or culture

Comparison and negative commentary are unhelpful and hinder confidence, performance and long term growth.

Athlete and Team Family Conduct Policy



Addressing Conduct Concerns

Poor conduct will be addressed directly and promptly. Our goal is always correction, restoration and growth.

However, repeated or serious violations of this policy may result in disciplinary action, including possible removal from the team for the season. Protecting the culture and wellbeing of the team as a whole is a responsibility we take seriously.

Commitment to Team Culture

By entering into our team program, athletes and families are committing to uphold these standards. Prior to accepting a team spot, athletes and families will read and sign the Athlete and Team Parent Conduct Agreement.

This agreement confirms your commitment to:

- Support the development of all athletes
- Uphold a positive and respectful environment
- Protect the integrity and culture of our program

We are building more than strong athletes. We are building strong people. Every family plays a role in that mission.

Thank you for your interest in our All Star program for the 2026/2027 season. We are honored that you are considering being part of this exciting journey and trusting us with your athlete's growth both on and off the floor.

If you have any questions, please reach out to Jordan at Jordan@BaileysSports.com at any time. We are happy to help.

We will also be hosting a prospective parent, in-person Q and A night: Wednesday, April 1 at 6-7:30pm, where families and athletes can come meet our staff, connect with other families, ask questions and decide if they are ready for this next big adventure.

We look forward to meeting you and sharing what makes this program so special.

**Thank you,
Jordan & the rest of the Bailey's Sports crew!**

